Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2014 – 12/31/2014 Coverage for: Family | Plan Type: EPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.anthem.com/ca/llns or by calling 1-866-641-1689.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$0	See the chart starting on page 2 for your costs for services this plan covers.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	\$1,000 Member/ \$3,000 Family for PPO providers.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Amounts related to a transplant unrelated donor search, Premiums, Balance-billed charges and Health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Is there an overall annual limit on what the plan pays?	No.	There's no limit on how much you could pay during a coverage period for your share of the cost of covered services.
Does this plan use a network of providers?	Yes. See www.anthem.com/ca/llns or call 1-866-641-1689 for a list of PPO providers.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 6. See your policy or plan document for additional information about <u>excluded services</u> .

Questions: Call 1-866-641-1689 or visit us at www.anthem.com/ca/llns.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.anthem.com/ca/llns or call 1-866-641-1689 to request a copy.

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- Copayments are fixed dollar amounts (for example, \$25) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 10% would be \$100. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use PPO <u>providers</u> by charging you lower <u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a PPO Provider	Your Cost If You Use a Non-PPO Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$25 Copay/Visit	Not Covered	none
If you visit a health	Specialist visit	\$35 Copay/Visit	Not Covered	none
care <u>provider's</u> office or clinic	Other practitioner office visit	\$25 Copay/Visit	Not Covered	Coverage is limited to 25 visits per calendar year each for Acupuncture and Chiropractor.
	Preventive care/screening/immunization	No Charges	Not Covered	none
If you have a test	Diagnostic test (x-ray, blood work)	10% Coinsurance	Not Covered	none
	Imaging (CT/PET scans, MRIs)	10% Coinsurance	Not Covered	none

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	Generic drugs	\$10 Copay; 30 day supply	50% of average whole price schedule plus charges above the schedule	none
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.caremark.com.	Preferred brand drugs	20% Coinsurance; \$40 minimum copay, \$60 maximum copay; 30 day supply	50% of average whole price schedule plus charges above the schedule	none
	Non-preferred brand drugs	40% Coinsurance; \$60 minimum copay, \$100 maximum copay; 30 day supply	50% of average whole price schedule plus charges above the schedule	none
	Specialty drugs	Covered with applicable copay and/or coinsurance	50% of average whole price schedule plus charges above the schedule	none
If you have	Facility fee (e.g., ambulatory surgery center)	10% Coinsurance	Not Covered	. — none — — — — — — — — — — — — — — — — — — —
outpatient surgery	Physician/surgeon fees	10% Coinsurance	Not Covered	110110
If you need immediate medical	Emergency room services	\$100 Copay/Visit then 10% Coinsurance	\$100 Copay/Visit then 10% Coinsurance	If admitted, the ER copay is waived.
attention	Emergency medical transportation Urgent care	10% Coinsurance \$25 Copay/Visit	Not Covered Not Covered	none
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If you have a hospital stay	Facility fee (e.g., hospital room)	\$250 Copay/ Admission then 10% Coinsurance	Not Covered	Failure to obtain pre-authorization may result in non coverage or reduced benefits. \$200/occurrence penalty will apply if pre-authorization is not obtained.
	Physician/surgeon fee	10% Coinsurance	Not Covered	none
If you have mental health, behavioral	Mental/Behavioral health outpatient services	\$0 Copay for visits 1-5; \$25 Copay for visits 6+	30% Coinsurance	none
health, or substance	Mental/Behavioral health inpatient services	10% Coinsurance	30% Coinsurance	none
abuse needs	Substance use disorder outpatient services	\$35 Copay	30% Coinsurance	none
	Substance use disorder inpatient services	10% Coinsurance	30% Coinsurance	none
	Prenatal and postnatal care	No Charges	Not Covered	\$25 Copay applies for initial visit only.
If you are pregnant	Delivery and all inpatient services	10% Coinsurance	Not Covered	Failure to obtain pre-authorization may result in non coverage or reduced benefits. \$200/occurrence penalty will apply if pre-authorization is not obtained.

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	Home health care	10% Coinsurance	Not Covered	Coverage is limited to 100 visits per calendar year, one visit by a home health aide equal four hours or less.
	Rehabilitation services	\$25 Copay/Visit	Not Covered	Coverage is limited to 25 Visits per calendar year for Occupational, Physical and Speech therapy. Additional visits may be authorized if medically necessary.
If you need help recovering or have other special health needs	Habilitation services	\$25 Copay/Visit	Not Covered	Coverage is limited to 25 Visits per calendar year for Occupational, Physical and Speech therapy. Additional visits may be authorized if medically necessary.
	Skilled nursing care	10% Coinsurance	Not Covered	Coverage is limited to 240 days per calendar year. Failure to obtain preauthorization may result in non coverage or reduced benefits. \$200/occurrence penalty will apply if pre-authorization is not obtained.
	Durable medical equipment	10% Coinsurance	Not Covered	none
	Hospice service	10% Coinsurance	Not Covered	Coverage is limited to 30 days per lifetime for inpatient care.
If worm abild and de	Eye exam	Not Covered	Not Covered	none
If your child needs dental or eye care	Glasses	Not Covered	Not Covered	none
delitur or eye cure	Dental check-up	Not Covered	Not Covered	none

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Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

Cosmetic surgery

• Private-duty nursing

• Weight loss programs

• Dental care (Adult)

• Routine eye care (Adult)

• Non-emergency care when traveling outside the U.S.

Long-term care

• Routine foot care

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

Acupuncture

• Hearing aids

Bariatric surgery

Chiropractic care

• Infertility treatment

- Most coverage provided outside the United States. See
 - www.bcbs.com/bluecardworldwide

Questions: Call 1-866-641-1689 or visit us at www.anthem.com/ca/llns.

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Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-866-641-1689. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact:

P.O. Box 60007 Los Angeles, CA 90060

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-641-1689.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-641-1689.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-866-641-1689.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-641-1689.

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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$7,030
- Patient pays \$510

Sample care costs:

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

Patient pays:

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Deductibles	\$0
Copays	\$290
Coinsurance	\$70
Limits or exclusions	\$150
Total	\$510

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$4,530
- Patient pays \$870

Sample care costs:

Prescriptions	\$2,9 00
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$0
Copays	\$650
Coinsurance	\$140
Limits or exclusions	\$80
Total	\$870

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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